



PRODUCT SPECIFICATION SHEET

BLUEBERRIES

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PRODUCT: BLUEBERRY	VARIETY: DIOXY	SCIENTIFIC NAME: CITRUS LATIFOLIA
FAMILY:	ORIGIN:	PACKAGING
ERICACEAE	MÉXICO / USA / CANADA	CLAMSHELL



DESCRIPTION

Blueberries grow on bushes, fresh blueberries are in their prime from June through August. Blueberries are small round berries about 0.2 to 0.6 inches across. Their color can range from blue to purple.

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CHARACTERISTIC	SPECIFICATION	
WEIGHT PER CASE:	4,4oz, 6oz and 18oz	
PACKING MEASURES	6x12 (170 gr)4,4x12 (125 gr)	
PIECES PER CASE:	Variable according to caliber.	
PACKAGING:	Pack - 6ozPack - 18oz	
TRANSPORT:	Refrigerated container	
MANAGEMENT:	• 0°C	
SHELF LIFE:	15 to 20 days (under controlled conditions).	







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BENEFITS

Blueberries can help heart health, bone strength, skin health, blood pressure, diabetes management, cancer prevention, and mental health. One cup of blueberries provides 24 percent of a person recommended daily allowance of vitamin C.

Blueberries contain vitamins and minerals that contribut to building and maintaining bone structure and strength.



Calories	Kcal	51		
Moisture	g	86.6		
Carbohydrates	g	12.2		
Sugars	g	8.5		
Protein	g	0.4		
Fibre	g	2.7		
VITAMINS				
Vitamin A	IU	2		
Vitamin B6	milligrams	0.06		
Vitamin C	milligrams	2.5		
Vitamin D	IU	0.7		
Vitamin E	milligrams	0.48		
MINERALS				
Thiamin	micrograms	00.3		
Riboflavin	milligrams	00.4		
Niacin	milligrams	0.5		
Folic Acid	IU	7		
Calcium	milligrams	8		
Phosphorus	milligrams	11		
Magnesium	milligrams	5		

